

MKDE Kyu Vizsgakövetelmények
Az MKDE Technikai Bizottsága által kibővített feltételekkel, amelyek az
MKDE honlap Vizsgáztatás pontjában megtalálhatóak

2018

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| 7 Kyu | Minimum 6 hónap az aikidó gyakorlásának megkezdése óta | |
| Waza | Zenko, Koho ukemi Funakogi-undo Sayu-kokyuho-undo Taisabaki (tenkan, kaiten, irimi) Uchikata (shomen, yokomen, tsuki) Ikkyo-undo: Zengo, Shiho (tachiwaza) Shikko (Mae) Aihanmi-katatedori Ikkyo, Shihonage Munadori Ikkyo, Iriminage Shomen-uchi Iriminage Gyakuhanmi-katatedori Kokyunage | |
| 6 Kyu | Minimum 20 edzésnap a 7.kyu megszerzése után. | |
| Waza | Ikkyo-undo: Zengo, Shiho (tachiwaza, zagi) Shikko (mae, ushiro) Sotai-dosa (Irimi, Tenkan, Kaiten) Gyakuhanmi-katatedori Nikyo, Iriminage, Shihonage, Kaitenage (uchi-kaiten) Ryotedori Ikkyo, Tenchinage Shomen-uchi Ikkyo , Shihonage | |
| 5 Kyu | Minimum 30 edzésnap a 6.kyu megszerzése után. | |
| Waza | Ken | Suburi-no-bu (tachiwaza) Jo Tsuki-no-bu (basic stance) |
| | Shikko-kaiten Ikkyo-undo: happe (tachiwaza, zagi) Sabaki-kata (shomen, tsuki) Shomen-uchi Nikyo, Sankyo, Kotegaeshi, Kaitenage (uchi-kaiten) Ryotedori Iriminage, Shihonage Zagi-kokyuho | |
| 4 Kyu | Minimum 40 edzésnap és 1 vizgákivárás az 5.kyu megszerzése után. | |
| Waza | Ken | Kirikaeshi-no-bu (tachiwaza) Jo Tsuki and Men-no-bu (basic stance) |
| | Tsuki Ikkyo, Nikyo, Shihonage Yokomen-uchi Iriminage, Kotegaeshi Katate-ryotedori Iriminage, Kokyuho, Kokyunage Munadori Sankyo, Yonkyo Zagi-shomen-uchi Ikkyo, Nikyo, Iriminage | |
| 3 Kyu | Minimum 50 edzésnap és 1 vizgákivárás a 4.kyu megszerzése után. | |
| Waza | Ken | Suburi and Kirikaeshi-no-bu (Tachiwaza, zagi) Jo Tsuki and Men-no-bu and Katate no-bu (basic stance) |
| | Tsuki Kotegaeshi, Yonkyo Ushiro-ryotedori Nikyo, Sankyo, Iriminage, Kokyunage Yokomen-uchi Shihonage, Kaitenage (uchi, soto-kaiten) Hanmi-handachi-ryotedori Shihonage Zagi - Shomen-uchi Kotegaeshi Zagi - Katatedori Sankyo, Yonkyo | |
| 2 Kyu | Minimum 60 edzésnap és 2 vizgákivárás a 3.kyu megszerzése után. | |
| Ken | Ashino-fumikae-no-bu (tachiwaza), Tsuki-no-bu (tachiwaza, zagi) | |
| Jo | Tsuki, Men, Katate and Hasso no-bu (basic stance) | |
| Tachi waza | Katate-ryotedori Iriminage (2 ways) Kotegaeshi Gyakuhanmi-katatedori Ikkyo (with Sabaki) Iriminage (with Sabaki) Shomen-uchi Koshinage | |
| Hanmi Handachi | Katatedori Ikkyo~Yonkyo, Kaitenage (uchi, soto-kaiten) | |
| Zagi | Yokomen-uchi Ikkyo~Yonkyo, Kotegaeshi, Iriminage, | |
| Ushirowaza | Ushiro-ryotedori Ikkyo~Yonkyo, Kotegaeshi Ushiro-katatedori-kubijime Sankyonage | |
| Jiyu waza | Shomen-uchi Katate-ryotedori Tsuki | |
| 1 Kyu | Minimum 70 edzésnap, 2 vizgákivárás és legalább 4 nap tábor részvétel a 2.kyu megszerzése után. | |
| Ken | Zengo-no-ido (basic movements, forward and backward): Suburi, Kirikaeshi, Tsuki no bu (tachiwaza) | |
| Jo | 13-no-jo (hidari hanmi) Tsuki, Men, Katate, Hasso, Nagare-no-bu (basic stance) Shikko-kaiten (2 ways) | |
| Tachi waza | Katadori-menuchi Ikkyo~Yonkyo, Iriminage Ryotedori Kotegaeshi (2 ways) Yokomen-uchi Kaiten-osae (uchi, soto-kaiten), Udegarami, Ikkyo-gaeshi, Koshinage | |
| Hanmi Handachi | Shomen-uchi Ikkyo~Yonkyo, Iriminage | |
| Zagi | Tsuki Ikkyo~Yonkyo, Iriminage, Kotegaeshi | |
| Ushiro waza | Ushiro-ryotedori Shihonage, Jyujigarami Ushiro-ryohijidori Kotegaeshi, Ikkyo Ushiro-katatedori-kubijime Ikkyo, Nikyo, Iriminage | |
| Jiyu waza | Katate-ryotedori Yokomen-uchi Gyakuhanmi-katatedori (with Sabaki) | |

Jo-no-bu

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| Tsuki-no-bu | 1. Choku-zuki 2. Kaeshi-zuki 3. Ushiro-zuki 4. Tsuki-gedan-gaeshi 5. Tsuki-jodan-gaeshi |
| Men-no-bu | 1. Shomen-uchikomi 2. Renzoku-uchikomi 3. Menuchi-ushiro-zuki 4. Menuchi-gedan-gaeshi 5. Hidari-yokomen-ushiro-zuki |
| Katate-no-bu | 1. Katate-gedan-gaeshi 2. Katate-toma-uchi 3. Katate-hachinoji-gaeshi |
| Hasso-no-bu | 1. Hasso-gaeshi-uchi 2. Hasso-gaeshi-zuki 3. Hasso-gaeshi-ushiro-zuki 4. Hasso-gaeshi-ushiro-uchi 5. Hasso-gaeshi-ushiro-barai |
| Nagare-no-bu | 1. Hidari-nagare-kaeshi-uchi 2. Migi-nagare-kaeshi-zuki |

Ken-no-bu

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| Suburi-no-bu | 1. Shikodachi 2. Hanmi (migi, hidari) 3. Zengo (migi, hidari) 4. Shiho (migi, hidari) |
| Kirikaeshi-no-bu | 5. Happe (migi, hidari) From 2 to 5 must be performed both standing (<i>tachiwaza</i>) and sitting (<i>zagi</i>). |
| Ashi-no-fumikae no-bu (kion, tsuki) | 1. Mae - suburi (migi, hidari), kirikaeshi (migi, hidari) 2. Ushiro - suburi (migi, hidari), kirikaeshi (migi, hidari) |
| Tsuki-no-bu (kion, fumikomi) | 1. Hanmi (migi, hidari) 2. Zengo (migi, hidari) 3. Shiho (migi, hidari) 4. Happe (migi, hidari) All must be performed both standing (<i>tachiwaza</i>) and sitting (<i>zagi</i>). |